



RAJESICON

JODHPUR - 2026

*4th Annual Meeting of
Endocrine Society of India Rajasthan Affiliate*

Theme: Bridging Endocrinology with
Multidisciplinary Clinical Practice

Date: 19th & 20th September, 2026
Venue: Indana Palace, Jodhpur

Scientific PROGRAM



SCIENTIFIC PROGRAM

HALL A -19th September, 2026 (Saturday)

TIME	TOPIC	SPEAKER
SESSION 1 - THE WHOLE PATIENT: NUTRITION, WEIGHT & WELLNESS		
11:00 - 11:20 AM	How To Prescribe Diets In Metabolic Diseases	Dr. Khushboo Agarwal
11:20 - 11:40 AM	The Weight Of Childhood: An Endocrinologist's Perspective	Dr. Sachin Mittal
11:40 - 12:00 PM	Person Centered Endocrine Care	Dr. Sanjay Kalra
SESSION 2 - BEYOND THE METABOLIC LABEL		
12:00 - 12:20 PM	Adiposopathy In Thin Fat Phenotype	Dr. Sandeep Kumar Mathur
12:20 - 12:40 PM	Sarcopenia: From Shadows To The Spotlight	Dr. Neeraj Kumar Agrawal
12:40 - 01:00 PM	Disease-Modifying Therapy For Autoimmune Diabetes	Dr. Kaushik Pandit
01:00 - 02:00 PM	INAUGURATION CEREMONY & LUNCH	
SESSION 3 - BONE HEALTH ACROSS THE SPECTRUM		
02:00 - 02:20 PM	Approach To Fragility Fractures	Dr. Vipin Singhal
02:20 - 02:40 PM	Hyperparathyroidism Across The Spectrum: Common, Rare And Unexpected	Dr. Sanjay Kumar Bhadada
02:40 - 03:00 PM	Closing The Care Gap: Building The FLS Pathway	Dr. Lakshmi Nagendra
SESSION 4 - EVOLVING STRATEGIES IN TYPE 2 DIABETES		
03:00 - 03:20 PM	Importance Of Early Holistic Management In Type 2 Diabetes	Dr. Sailesh Lodha
03:20 - 03:40 PM	Tirzepatide: A Novel GIP & GLP-1 Agonist	Dr. Prem Prakash Patidar
03:40 - 04:00 PM	SURPASS 2: Paving The Way To HbA1c And Weight Reduction While Being Superior To GLP-1 RAs	Dr. Jay Chordia
SESSION 5 - COMPREHENSIVE APPROACH TO DIABETES CARE		
04:00 - 04:20 PM	Exercise - Neglected Medicine	Brig (Dr.) M K Garg
04:20 - 04:40 PM	Secondary Diabetes: When Hyperglycemia Is A Clue Not A Diagnosis	Dr. S K Singh
04:40 - 05:00 PM	Optimizing Type 2 Diabetes Care With Innovator Semaglutide: Start Right, Start Strong	Dr. Prakash Keswani
TEA		
SESSION 6 - NAVIGATING THE PITUITARY: FROM COMPLEXITY TO CLARITY		
05:00 - 05:20 PM	Perioperative Management Of Pituitary Tumours	Dr. Hardev Nehara
05:20 - 05:40 PM	Persistent Acromegaly: New Drugs, New Strategies, Better Outcomes	Dr. Sambit Das
05:40 - 06:00 PM	Prolactin Puzzle : Hyperprolactinemia Without Prolactinoma	Dr. P Ravi Kumar
SESSION 7 - THE FEMALE ENDOCRINE LANDSCAPE		
06:00 - 06:20 PM	Nuances Of GDM Management In Indian Context	Dr. Saptarshi Bhattacharya
06:20 - 06:40 PM	Hirsutism Beyond PMOS	Dr. Altamash Shaikh
06:40 - 07:00 PM	Lean PMOS : The Thin End Of Complex Syndrome	Dr. Chandrashekhar Bhandiwad

HALL B - 19th September, 2026 (Saturday)

12:00 - 01:00 PM	OBESITY MASTERCLASS Speakers: Dr. Atul Dhingra, Dr. Sakshi Gagneja	
01:00 - 02:00 PM	INAUGURATION CEREMONY & LUNCH	
SESSION 1 - BEYOND SIZE: GROWTH, HORMONES & DEVELOPMENT		
02:00 - 02:20 PM	Small Size, Big Questions: Investigating And Managing Micropenis In Prepubertal Boys	Dr. Rahul Sahlot
02:20 - 02:40 PM	Short Stature And Role Of Growth Hormone Therapy	Dr. Umesh Garg
SESSION 2- BEYOND THE BASICS: COMPLEX CHALLENGES IN PAEDIATRIC ENDOCRINOLOGY		
02:40 - 03:00 PM	Rickets Beyond Vitamin D: When Obvious Isn't The Answer	Dr. Eram Nahid
03:00 - 03:20 PM	Neonatal Hypoglycemia	Dr. Arti Yadav
03:20 - 03:40 PM	DSD Through Lifespan	Dr. Mona Dhingra
SESSION 3 - RETHINKING DIABETES		
03:40 - 04:00 PM	Modulating Early PPG Excursions And The 4-Hour Glycaemic Trajectory	Dr. Mukul Gupta
04:00 - 04:20 PM	New Face Of Diabetes: From Categories To Clusters	Dr. Abhishek Prakash
SESSION 4- OPTIMIZING HORMONES & FERTILITY		
04:20 - 04:40 PM	HRT In Special Populations	Dr. Nimisha Jain
04:40 - 05:00 PM	Every Successful ART Cycle Starts With Endocrine Optimization	Dr. Hema Singh
TEA		
SESSION 5 - ENDOCRINE DISORDERS: FROM CAUSE TO CURE		
05:00 - 05:20 PM	Management Of Exogenous Cushing Syndrome	Dr. Manoj Khandelwal
05:20 - 05:40 PM	ICI Induced Endocrinopathies	Dr. Mahaveer Singh
05:40 - 06:00 PM	The Curable Side Of Hypertension	Dr. Saba Memon

HALL A - 20th September, 2026 (Sunday)

SESSION 1 - ENDOCRINOLOGY IN PRACTICE

09:00 - 09:45 AM	MTP: Interventional Endocrinology	Dr. Rajeev Kasliwal
09:45 - 10:30 AM	MTP: Dynamic Protocols In Endocrinology	Dr. Balram Sharma Dr. Deepti Sharma

SESSION 2 - THE EVOLVING LANDSCAPE OF GENDER-AFFIRMING CARE

10:30 - 10:50 AM	Transforming Transgender Care: Role Of Endocrinologist	Dr. Naincy Purwar
------------------	--	-------------------



SESSION 3 - CARDIOMETABOLIC HEALTH		
10:50 - 11:10 AM	How To Reduce Hyperkalemia In Treatment-Emergent Cardiorenal Syndrome	Dr. Satinath Mukhopadhyay
11:10 - 11:30 AM	Long Term Safety And Sustainability Of Anti Obesity Drugs	Dr. R K Sahay
11:30 - 11:50 AM	Prescribing Exercise In Diabetes And Obesity	Dr. Muthukrishnan Jayaraman
SESSION 4 - ENDOCRINE DIAGNOSIS: CHALLENGES & NEWER TOOLS		
11:50 - 12:10 PM	Pitfalls In Diagnosis Of Cushing Syndrome	Dr. Sandeep Kansara
12:10 - 12:30 PM	Eyes On TED: From Early Recognition To Precision Therapy	Dr. R Santosh
12:30 - 12:50 PM	Advanced PET Based Imaging Techniques In Endocrinology	Dr. Nitesh Bauddh
12:50 - 01:10 PM	iGlarLixi As A First Injectable: Simplifying Real-World Clinical Practice	Dr. Ajay Shah
01:10 - 01:30 PM	Valedictory And Lunch	
HALL B - 20th September, 2026 (Sunday)		
09:00 - 10:30 AM	Paper And Poster Presentations: Judges: Dr. Ankit Manglunia, Dr. Pooran Sharma, Dr. Pushpendra Khatana, Dr. Sachin Modi	
SESSION 1 - INNOVATIONS IN METABOLIC THERAPY		
10:30 - 10:50 AM	Beyond The Hype: Why Innovator Semaglutide’s Proven Legacy Sets The Gold Standard In Obesity Management	Dr. Bharat Sharma
10:50 - 11:10 AM	Protein Engineering For Reduced Insulin Burden: The Advent Of Icodec	Dr. Ankur Gahlot
11:10 - 11:30 AM	Evidence Continuum For Second Generation Basal Insulin	Dr. Sanjay Saran
SESSION 2 - CONTEMPORARY PARATHYROID & THYROID CARE		
11:30 - 11:50 AM	Precision Parathyroidectomy: Mastering Parathyroid Surgery	Dr. D. N . Singh
11:50 - 12:10 PM	No Scar, No Radiation: The Future Is Thyroid Nodule Ablation	Dr. Anukriti Sood
12:10 - 12:30 PM	Panel Discussion: Management Of Indeterminate Risk Thyroid Nodules Moderator: Dr. Deepak Gupta	Panelist: Dr. Anamika Gora Dr. Shiva Madan Dr. Hetashvi Gondaliya Dr. Vinod Bokadia
SESSION 3 -THYROID CARE DURING PREGNANCY		
12:30 - 12:50 PM	Panel Discussion: Hypothyroidism In Pregnancy: Past, Present And Future Moderator: Dr. Akhil Joshi	Panelist: Dr. Abhishek Hajela Dr. Ashish Kumar Jangir Dr. Suchitra Yadav Dr. Yashaswi Pathak Dr. Kashish Gupta
12:50 - 01:10 PM	The Thyrotoxicosis Trap In Pregnancy	Dr. Rajendra Kumar Sharma
01:10 - 01:30 PM	Valedictory And Lunch	

ORGANISING COMMITTEE

Organising Chairman

Dr. Mahendra Singh

Organising Secretary

Dr. Ronak Gandhi

Scientific Chairman

Dr. Ravindra Shukla

Joint Secretary

Dr. Tuhin Dubey

Scientific Co Chairman

Dr. Akash Jain

Scientific Secretary

Dr. Subhash Joshi

Scientific Co Secretary

Dr. Himanshi Soni

Scientific Co Secretary

Dr. Puneet Shrivani

REGISTRATION FORM

Title : Dr. ☐ Prof. ☐ Mr. ☐ Ms. ☐ Mrs. ☐

Gender : Male ☐ Female ☐

Category : If Member, Membership No.

First Name : Last Name :

Designation : Applicant Institution :

Address :

City : State : Postal Code :

Mobile No. : Email : Nationality :

* It is important that you provide an Email & Mobile number so that future communication can be sent to you via SMS/Email.

Accompanying Person Name : 1 2 3

REGISTRATION FEES

CATEGORY	Early Bird Till 31 st Aug, 2026	1 st Sep to 17 th Sep, 2026	18 th Sep to till spot
ESI Member	2750 INR	3300 INR	4950 INR
Non Member	3300 INR	3850 INR	6050 INR
Residents / Post Graduate	2200 INR	2200 INR	2200 INR
International Delegate	110 \$	165 \$	220 \$
Accompanying Person	2200 INR	2750 INR	3850 INR

Please find below the account detail to transfer the amount through NEFT/RTGS/CHEQUE & DRAFT

Account Name : Endocrine Society Of India Rajasthan Affiliate

Account No. : 50100341760605

Bank Name : HDFC BANK

Branch : Jhotwara

IFSC Code : HDFC0003931

PAN No. : AABAE3898G

Scan For
Registration



For Registration & Abstract Submission, visit :
www.rajesicon2026.com

Conference Secretariat

Dr. Mahendra Singh
Organising Chairman

Dr. Ronak Gandhi
Organising Secretary

Address: 132, Pal Link Road, Baldev Nagar,
Jodhpur (Raj.) 342008

Contact: +91 8949384547

Email: rajesicon2026@gmail.com

Official Conference Organisers

ADVAIT
EVENTS & CONFERENCES

Mr. Yaduvendra Gautam

Mob.: +91 99836 99922